

## **Driving Patterns**

### **1. Adjust Your Driving Patterns**

To stay off the brakes, avoid following too closely in traffic. Avoid sudden stops, and accelerate slowly and smoothly. In addition to helping your fuel efficiency, it will keep your engine running cooler and extend the life of your brakes.

### **2. Don't Speed**

Slowing down only a couple of miles per hour may add time to a trip, but that time can be saved by not making an extra fuel stop.